

## St. Justin Martyr

"We call this food Eucharist, and no one else is permitted to partake of it, except one who believes our teaching to be true and who has been washed in the washing which is for the remission of sins and for regeneration [i.e., has received baptism] and is thereby living as Christ enjoined. For not as common bread nor common drink do we receive these; but since Jesus Christ our Saviour was made incarnate by the word of God and had both  $\text{CE F T}$  and blood for our salvation, so too, as we have been taught, the food which has been made into the Eucharist by the Eucharistic prayer set down by him, and by the change of which our blood and  $\text{CE F T}$  nurtured, is both the  $\text{CE F T}$  and the blood of that incarnated Jesus" (First Apology 66 [A.D. 151]).

## St. Ignatius of Antioch

"I have no taste for corruptible food nor for the pleasures of this life. I desire the bread of God, which is the  $\text{CE F T}$  Jesus Christ, who was of the seed of David; and for drink I desire his blood, which is love incorruptible" (Letter to the Romans 7:3 [A.D. 110]).

"Take note of those who hold heterodox opinions on the grace of Jesus Christ which has come to us, and see how contrary their opinions are to the mind of God. . . . They abstain from the Eucharist and from prayer because they do not confess that the Eucharist is the  $\text{CE F T}$  of our Savior Jesus Christ,  $\text{CE F T}$  which suffered for our sins and which that Father, in his goodness, raised up again. They who deny the gift of God are perishing in their disputes" (Letter to the Smyrnaeans 6:2–7:1 [A.D. 110]).

## St. Irenaeus

"If the Lord were from other than the Father, how could he rightly take bread, which is of the same creation as our own, and confess it to be his body

and a  $\bullet$   $\text{S N}$  that the mixture in the cup is his blood?" (Against Heresies 4:33–32 [A.D. 189]).

"He has declared the cup, a part of creation, to be his own blood, from which he causes our blood to  $\text{CE F T}$ ; and the bread, a part of creation, he has established as his own body, from which he gives increase unto our bodies. When, therefore, the mixed cup [wine and water] and the baked bread receives the Word of God and becomes the Eucharist, the body of Christ, and from these the substance of our  $\text{CE F T}$  increased and supported, how can they say that the  $\text{CE F T}$  not capable of receiving the gift of God, which is eternal life—  $\text{CE F T}$  which is nourished by the body and blood of the Lord, and is in fact a member of him?" (ibid., 5:2).

## St. Cyril of Jerusalem

"The bread and the wine of the Eucharist before the holy invocation of the adorable Trinity were simple bread and wine, but the invocation having been made, the bread becomes the body of Christ and the wine the blood of Christ" (Catechetical Lectures 19:7 [A.D. 350]).

"Do not, therefore, regard the bread and wine as simply that; for they are, according to the Master's declaration, the body and blood of Christ. Even though the senses suggest to you the other, let faith make you  $\text{S N}$  Do not judge in this matter by taste, but be fully assured by the faith, not doubting that you have been deemed worthy of the body and blood of Christ...[Since you are] fully convinced that the apparent bread is not bread, even though it is sensible to the taste, but the body of Christ, and that the apparent wine is not wine, even though the taste would have it so,... partake of that bread as something spiritual, and put a cheerful face on your soul" (ibid., 22:6, 9).

Be Disciples of Hope

# NEW REC

27th August 2017  
21st Sunday  
in Ordinary Time

## Quotes on the Holy Eucharist by Early Church Fathers





**CHURCH OF THE VISITATION**  
 85-A, Jalan Yam Tuan, 70000 Seremban  
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 Parish Pastor : Rev. Fr George Harrison  
 Assistant Priest : Fr. Andrew Kooi

**DISCIPLESHIP : BE DISCIPLES OF HOPE.**  
**Hope : Eucharist Nourishes Us (August)**  
*Towards 170 years of the Parish of Visitation*  
**(1848 - 2018)**

**PARISH OFFICE HOURS**  
 Monday - Friday 8.30am - 5.30 pm  
 Saturday : 8.30am - 7.30 pm  
 Sunday: 8.30 am - 3.00 pm  
**Confessions** in Church ½ hour  
*before all Weekend Masses at availability of priests 1/2 hour before all Weekend Masses at availability of priests*



**OUR PROGRAMME THIS 26 AUGUST - 03 SEPTEMBER 2017**

**21<sup>ST</sup> SUNDAY OF ORDINARY TIME (YEAR A):** J's 22,19-23 Ps 137, 1-2a, 2bc-3, 6 and 8bc Rom 11,, 33-36 Mt 16, 13-20  
**"Your Love O Lord Is Eternal, Discard Not The Works Of Your Hands" (Psalm 137)**

SAT	26	5.00 pm 6.00 pm	Rosary : 5.30 pm : Novena; 5.45 pm: Benediction Eucharist (E) (Animation : St. Raphael)	4.30 pm : Titi (M) (Novena Mass Day 2)
SUN	27	7.00 am 9.00 am 11.00 am 1.00 pm	Eucharist (T) (Animation: Sacred Heart, Marjprrie) Eucharist (E) (Animation : St. David) Eucharist (M) 4.30 pm : Titi (M) (Feast Mass) Eucharist (BM) 7.00 pm : Kg. Sebir (BM)	RE(T): 8.45-10.15 am; RE(C) : 9- 10.30 am : RE(E) 10.45 -12.15pm RCIA (T) 9.00 -10.30 am ; RCIA (BM) 11.00 am -12.30pm RCIA (E) 11.00 -12.30pm ; RCIA(M) : 9.00 -10.30 am
Mon	28	6.45 am	Eucharist	Charismatic (E) 7.30 pm at Visitation Hall
Tues	29	6.45 am	Eucharist	Charismatic (M) 7.30 pm at Visitation Hall
Wed	30	6.45 am	Eucharist	
Thur	31	<b>60<sup>th</sup> Merdeka Celebration : 8.30am Rosary &amp; Novena followed by Mass at 9.00 am. All are welcome to pray for Nation</b>		
Fri	01	6.45 am	Eucharist	7.30 pm : Flag Raising at Gadong

**22<sup>ND</sup> T SUNDAY OF ORDINARY TIME (YEAR A) :** Jer 20, 7-9, Ps 62, 2, 3-4, 5-6, 8-9 Rom 12, 1-2 Mt 16, , 21-27  
**"For You Are My Soul IS Thirsting, O Lord My God. For You Are My Soul Is Thirsting, O Lord My God" (Psalm 62)**

SAT	02	5.00 pm 6.00 pm	Rosary : 5.30 pm : Novena; 5.45 pm: Benediction Eucharist (E) (Animation : St. Martha )	
SUN	03	7.00 am 9.00 am 11.00 am 1.00 pm	Eucharist (T) (Animation : RE-Primary) Eucharist (E) (Animation : RE-Primary ) Eucharist (M) Eucharist (BM)	RE(T): 8.45-10.15 am; RE(C) : 9- 10.30 am : RE(E) 10.45 -12.15pm RCIA (T) 9.00 -10.30 am ; RCIA (BM) 11.00 am -12.30pm RCIA (E) 11.00 -12.30pm ; RCIA(M) : 9.00 -10.30 am

We welcome new Parishioners/Students from Universities/Colleges in the vicinity of Seremban. Kindly register at the parish office or email us at: [serembanvisitation@gmail.com](mailto:serembanvisitation@gmail.com). You will receive a Prayer Card (Magnificat). Pray it daily.

**NEWS / EVENTS FOR AUGUST 2017**

- i) **Parish Weekend Collections :**
  - a) 19 /20 August : RM 8,432.50
  - b) Assumption of BVM 15/8 : RM2,851.10 Titi : RM54.00**God Bless All Generous Donors**
- ii) **Catechetical Month :** Mass animation on Sundays at all languages : 3/9/17 : Primary Students  
 10/9/17 : Secondary Students  
 17/9/17 : RE Teachers
- iii) **"Towards 170 years of the Parish of Visitation" Committees** will meet on 10 Sept @ 7.30 pm in the Bible Hall.
- iv) **Parish Office** will be closed on 31<sup>st</sup> August & 1<sup>st</sup> September 2017 being public holidays.

- **Chess Tournament** organised by RE coordinators & IJ Learning Centre, Kg. Pasir. For more info call Sr. Theresa Chua (06-7655099) , Anthony Param (012-6620949)
- **Go Mad 2** performance auditions will be held on the 27th of August at the church hall from 1 pm - 3 pm. All ministries and age groups are welcome to present your audition. Each audition should be between 3 mins to 5 mins. For any inquires, please call Stefan (017-6159199)
- **Feast of Annai Velangkanni, Gadong (1 sept - 10 Sept 2017)**  
 1 Sept : 7.30 pm Flag Raising, Holy Hour followed by Mass
- **Rev. Fr. Selvam** from the Diocese of Chengalpet, India will be visiting and assisting at our parish from Sept. 2 to Sept 17. We welcome him.

- As we celebrate **Merdeka 2017, Go Mad 2 and Malaysia Day**, Lets Make a Difference by taking part in the **"Flag Making"** event this weekend. All are encouraged to take part. The Youths will be briefing you at the Parking Lot beside the Parlour.
- **Merdeka 2017 : 31 August (Thurs) - 60 years of Independence**
  - ~ 8.30 a.m Rosary & Novena. 9.00 am - Eucharist
  - ~ All BECs / Zone to hold special prayers for uniting, discussion, activities, enriching Patriotic spirit as citizens.
  - ~ All homes to fly the Malaysia Flag.
  - ~ As a citizen how can I / We be part of building bridges & promoting UNITY in the place I live, in the Society & the Nation ?
- **"Towards 170 years of the Parish of Visitation"**
  - **Go Mad 2 :** Saturday 16 September (Malaysia Day) : 8.00 am - 4.00 pm.  
 This Day will conclude with Sunset Mass with special prayers for Malaysia Day at 6.00 pm. Inviting all parishioners to give full support. Carnival coupons are on sale. (Note : Go Mad 2 meetings are on every Sunday @ 5.00 pm in Bible Hall). All youths are to join in.
  - **Dinner & Dance : "Malaysia Day"** - 21 September 2017 (Thur) eve of public holiday. All families in the parish are encouraged to take part on this event and give full support. Tickets are on sale after all weekend Masses or at Zone/BECs Call: Jerome : 019-7908071
  - Calling all **Zones /BECs heads** to help distribute and help the Sales of Go Mad 2 and Dinner & Dance tickets. Parishioners are encouraged to help in the Sales especially to all friends of other faiths in the BEC / Working place etc.

- **Home Visits by Fr. George :** BEC St. Martha (Zone 9) - 29/8 (Tues) @ 8.00 pm.
- **Fr. George** will be away for Clergy Annual Retreat on 03 Sept to 08 Sept 2017.  
**Fr. Andrew** will be away for Clergy Annual Retreat on 10 Sept to 15 Sept 2017.
- **Nativity of the Blessed Virgin Mary : 08 Sept @ 7.30 pm ; Rosary/Novena /Holy Hour Mass**
- **25 Sacredotal Anniversary of Rev. Fr. Mari Arokiam :** 8 Sept (Fri) @ 6.30 pm at Assumption Church, 6.00 pm. and 9 Sept (Sat) @ 10.30 am at Chapel Of Our Lady of Good Health, K.L. Lets keep him in prayer
- **Lutheran 500 years celebration "from Conflict to Communion"** a conference at SFX, PJ, 22/9/17 (Fri-Public holiday) - 9 am - 14 pm (English). Mandarin on Sat 23/9/17 9 am - 1 pm at Luther Centre, PJ. Call Christopher K. (019-6216194). Free admission.
- **Migrant Sunday :** 24 Sept 2017 - 9.00 am Mass . Theme : "Child Migrants: Vulnerable and Voiceless"
- **Choice English KL 100 Weekend :** Calling all single Working Adults aged 23-40, Choice program on 22 - 24 Sept 2017 at APC, KL. Call Andrew (016-3366050) or Ashley (017-3310275) or visit website : [www.choicekl.org](http://www.choicekl.org)