



“The secret of everything is to let oneself be carried by God and so to carry Him to others.”

– Pope St. John XXIII

Once I came across this line by Adam Oakley, a blogger: *Lose yourself to find yourself.* Listen also to Mahatma Gandhi, “The best way to find yourself is to lose yourself in the service of others.” Right! Both have Biblical origins. In Matthew chapter 10 Jesus says that if a person wants to find his life, he must lose it (Mt10:39). Jesus is laying down the conditions of discipleship – the need to deny oneself as the centre of one’s existence. Jesus is telling us: **Lose yourself in ME.** “Remain in me, as I remain in you...because without me you can do nothing” (Jn15:4-5). It becomes for us the moment of self-knowledge when we align all our thinking and doing with the indwelling Spirit of God, His Word and His love. That’s how we “find” ourselves! In Him, our dwelling place (Psalms 91:1,9), because in His image we are made (Gen 1:26-27).

It is common for us to let other people judge our worth based on the contributions we make to society. We let this judgement define and shape our self-image, a much sought-after image of high achievers and people pleasers, hungering for praise and recognition. Why? To satisfy our insatiable ego. We become too full of ourselves. The ways of the world pressure us to become “someone” – powerful and forceful. No one cares for a “nobody” because such a person is considered a loser.

Yet, Jesus came to serve the lost, least, and the last! In God’s kingdom they are all winners because being humble and poor in spirit it is easier for them to fully commit to God for His favour. We read today how Prophet Jeremiah reflects this humility with his ultimate submission to God’s will to help him ease his burden of rejection by the people. Similarly, Romans 12:1-2 reminds us to model our behaviour “in a way that is worthy of thinking beings ... to discover the will of God” and to do what is right by Him; a call for a total giving of oneself in service to others – a losing of oneself in His new commandment of love.

The call to lose oneself in Him is to fully embrace the truth of His life-transforming love with the wholeness of one’s body, mind, heart and soul and live a day-to-day God-filled life. Indeed, the call is no walk in the park for the gate is narrow and the road is constricted that leads to life in Him. And those who find it are few (Mt 7:13). But as Disciples of Hope let’s begin by reflecting on our way of life as advised by our Lord through Prophet Haggai 1:7 and the Book of Proverbs 4:26. †

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INTERNAL CIRCULATION ONLY

Be Disciples of Hope

# NEWBEC

3rd September 2017  
22nd Sunday  
in Ordinary Time



## Lose Yourself in ME



**CHURCH OF THE VISITATION**  
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 Parish Pastor : Rev. Fr George Harrison  
 Assistant Priest : Fr. Andrew Kooi

**DISCIPLESHIP : BE DISCIPLES OF HOPE.**  
**Hope : Transforming Beyond Self (Sept)**  
*Towards 170 years of the Parish of Visitation*  
**(1848 - 2018)**

**PARISH OFFICE HOURS**  
 Monday - Friday 8.30am - 5.30 pm  
 Saturday : 8.30am - 7.30 pm  
 Sunday: 8.30 am - 3.00 pm  
**Confessions** in Church ½ hour  
*before all Weekend Masses at  
 availability of priests 1/2 hour before  
 all Weekend Masses at availability of priests*



**OUR PROGRAMME THIS 02 - 10 SEPTEMBER 2017**

**22<sup>nd</sup> SUNDAY OF ORDINARY TIME (YEAR A)** : Jer 20, 7-9, Ps 62, 2, 3-4, 5-6, 8-9 Rom 12, 1-2 Mt 16, , 21-27

**"For You Are My Soul IS Thirsting, O Lord My God. For You Are My Soul Is Thirsting, O Lord My God" (Psalm 62)**

SAT	02	5.00 pm 6.00 pm	Rosary : 5.30 pm : Novena; 5.45 pm: Benediction Eucharist (E) (Animation : St. Martha)	
SUN	03	7.00 am 9.00 am 11.00 am 1.00 pm	Eucharist (T) (Animation: RE-Primary) Eucharist (E) (Animation : RE-Primary) Eucharist (M) Eucharist (BM)	<b>NO RE CLASSES</b> RCIA (T) 9.00 -10.30 am ; RCIA (BM) 11.00 am -12.30pm RCIA (E) 11.00 -12.30pm ; RCIA(M) : 9.00 -10.30 am
Mon	04	6.45 am	Eucharist	Charismatic (E) 7.30 pm at Visitation Hall
Tues	05	6.45 am	Eucharist	Charismatic (M) 7.30 pm at Visitation Hall
Wed	06	6.45 am	Eucharist	7.45 pm : BECCOT Gathering
Thur	07	6.45 am	Eucharist	
Fri	08	<b>7.30 pm : Nativity of BVM – Rosary / Novena / Holy Hour &amp; Mass</b>		
<b>23<sup>rd</sup> SUNDAY OF ORDINARY TIME (YEAR A)</b> : Ez 33,7-9 Ps 94, 1-2, 6-7, 8-9 Rom 13, 8-10 Mt. 18, 15-20				
<b>"O That Today You Would Listen To His Voice! Harden Not Your Hearts" (Psalm 94)</b>				
SAT	09	5.00 pm 6.00 pm	Rosary : 5.30 pm : Novena; 5.45 pm: Benediction Eucharist (E) (Animation : St. Joseph )	
SUN	10	7.00 am 9.00 am 11.00 am 1.00 pm	Eucharist (T) (Animation : RE-Secondary) Eucharist (E) (Animation : RE-Secondary ) Eucharist (M) 4.30 pm : Titi (M) Eucharist (BM)	RE(T): 8.45-10.15 am; RE(C) : 9- 10.30 am : RE(E) 10.45 -12.15pm RCIA (T) 9.00 -10.30 am ; RCIA (BM) 11.00 am -12.30pm RCIA (E) 11.00 -12.30pm ; RCIA(M) : 9.00 -10.30 am

We welcome new Parishioners/Students from Universities/Colleges in the vicinity of Seremban. Kindly register at the parish office or email us at: [serembanvisitation@gmail.com](mailto:serembanvisitation@gmail.com). You will receive a Prayer Card (Magnificat). Pray it daily.

**NEWS / EVENTS FOR SEPTEMBER 2017**

- i) **Parish Weekend Collections :**  
 26 / 27 August : RM9,260.05  
 Titi Feast Day : RM1,918.70  
**God Bless All Generous Donors**
- ii) There will be a 2<sup>nd</sup> collection this weekend 02/03 Sept 2017 for the Ministry of Social Concern.  
**God Bless All Generous Donors**
- iii) **ATTIRE (Dress Code) at Mass**  
 Refrain from using Short Pants/Revealing(sleeveless) attires, Singlets and Japanese slippers  
 Please give reverence during Mass  
 Come in your SUNDAY BEST!

**Wedding Bells :**  
 Jerome Gnanaratnam & Shalini N Raja on 9 Sept @ 3.30 pm

- **Migrant Sunday: 24 September 2017.**  
**Theme : "Child Migrants: Vulnerable and Voiceless"**  
 9.00 am : Migrant Mass  
 Exhibition on the Way of life of Migrants will be put up at the Car park near the Visitation Parlour.. All are welcome.  
 Calling all BECS who have migrants in their communities, please bring them along for the Migrant Sunday Mass.
- **Our Lady of Velangkanni, Gadong (Feast)**  
**8/9 (Friday)**  
 7.30 pm : Rosary, Anointing the Sick & Mass  
**09/9 (Saturday)**  
 6.00 pm : Rosary / Eucharist / Procession & Benediction  
**10/9 (Sunday)**  
 10.30 am : Feast Day Mass

**Pray for the Departed soul of :**  
 Benerdic Dass (d.o.d : 28/08/17)  
*May the Perpetual Light shine upon him,*

- **"Towards 170 years of the Parish of Visitation"**
  - **Go Mad 2 :** Saturday 16 September (Malaysia Day) : 8.00 am - 4.00 pm.  
 This Day will conclude with Sunset Mass with special prayers for Malaysia Day at 6.00 pm.
- ➔ Calling all parishioners to participate in the **making of our Malaysia Flag** which will be used as our backdrop for Go Mad 2. Come and place your thumbprints using the colours of the Malaysia Flag, Happening after all weekend Masses. Location : Car Park opposite the Visitation Parlour.
- **Dinner & Dance : "Malaysia Day"** - 21 September 2017 (Thur) eve of public holiday. All families in the parish are encouraged to take part on this event and give full support. Tickets are on sale after all weekend Masses or at Zone/BECs Call: Jerome : 019-7908071
- Calling all **Zones /BECs heads** to help distribute and help the Sales of Go Mad 2 and Dinner & Dance tickets. Parishioners are encouraged to help in the Sales especially to all friends of other faiths in the BEC / Working place etc.
- **World Day of Prayer for Creation :** Pope Francis calls for attention to environment September 1 to October 4. Christians around the Globe will be praying for and taking action on behalf of creation. Join us online prayer, help organize a symbolic action at : [http:// seasonofcreation.org/online-events/](http://seasonofcreation.org/online-events/)  
**Events:** Join in prayer of Creation in Mass, Pledge signing, Actions of Laudato Si, Exhibitions, Religious Leaders pledge for prayer of Creation, Plant a tree and prayer at the site at Kg. Sebir.
- **World Indigenous Day 2017** will be celebrated on 16 & 17 September with exhibitions at Parish. We wish all our Orang Asli God's Blessings.

- Fr. George will be away for Clergy Annual Retreat on 03 Sept to 08 Sept 2017.  
 Fr. Andrew will be away for Clergy Annual Retreat on 10 Sept to 15 Sept 2017.
- **Nativity of the Blessed Virgin Mary : 08 Sept @ 7.30 pm ; Rosary/Novena /Holy Hour Mass**
- **25 Sacredotal Anniversary of Rev. Fr. Mari Arokiam :** 8 Sept (Fri) @ 6.30 pm at Assumption Church, 6.00 pm. and 9 Sept (Sat) @ 10.30 am at Chapel Of Our Lady of Good Health, K.L. Lets keep him in prayer
- **Lutheran 500 years celebration "from Conflict to Communion"** a conference at SFX, PJ, 22/9/17 (Fri-Public holiday) - 9 am - 2 pm (English). Mandarin on Sat 23/9/17 9 am - 1 pm at Luther Centre, PJ. Call Christopher K. (019-6216194). Free admission.
- **Choice English KL 100 Weekend :** Calling all single Working Adults aged 23-40, Choice program on 22 - 24 Sept 2017 at APC, KL. Call Andrew (016-3366050) or Ashley (017-3310275) or visit website : [www.choicekl.org](http://www.choicekl.org)