

Picture this: You are watching your favourite TV programme. Suddenly, there is a power outage and your entire neighbourhood is plunged into intense darkness. How do you feel? What do you do? Surely, you feel lost, and anxious, as you grope your way through the darkness in search of a torchlight or a candle. Why? Because in our world light is good; light removes darkness and we become aware of our surroundings. Now, in faith, light symbolises God. At the very beginning God commanded, "let there be light," and there was light (Gen 1:3).

Light and dark imagery is often used in the Bible to symbolise positive and negative elements. Jesus introduces Himself, "I am the light of the world. Whoever follows me will never dwell in darkness..." (John 8:12) and many key events take on spiritual significance from this light metaphor to enrich our understanding that Jesus is the symbol of God in the world. It brings to mind Marshall McLuhan's quote, "The medium is the message" - where Jesus is significant as both God's message bearer (medium) and the message Himself!

The first reading spells out a seventy-year period of darkness and desolation for the people because of their unfaithfulness and odious behaviour towards God. Yet, in the second reading the ever faithful God shines His light of love, mercy and grace upon them. This is how much faith God has in us even though we repeatedly prove to be so unworthy of Him. When will we learn that we cannot take His kindness towards us for granted?

Finally, we must remember that through God "Light has come into the world" (John 3:19). Jesus is the light of all lights and we take to heart the core message of the Gospel in John 3:16, "For God so loved the world that He gave His only Son and whoever believes in Him may not perish, but may have eternal life." It is crucial that we understand this verse because we are all sinners and the consequence of sin is death which means being separated from God forever! There is only ONE way to be saved: through Christ's ultimate sacrifice for us. He died for YOU and ME. Through this mercy shown to us, our mission is to seek His grace to be considered worthy enough of His love to be assured a place in Heaven. Let us carve these words of John 3:16 on our breastplate, lest we forget!†

BE DISCIPLES OF HOPE

11th March 2018
4th Sunday of Lent

Newtbec

NEW WAY OF BEING CHURCH



In God's Light We See Light



CHURCH OF THE VISITATION
 85-A, Jalan Yam Tuan, 70000 Seremban
 Tel : 06-7624468 / 7634934 / 7677542 Fax : 06-7677544
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 Parish Pastor : Rev. Fr George Harrison
 Assistant Priest : Fr. Andrew Kooi

DISCIPLESHIP : BE DISCIPLES OF HOPE.
Hope : We have Passion for Mission in Christ (March) 2018
Towards 170 years of the Parish of Visitation
(1848 - 2018)

PARISH OFFICE HOURS
 Monday - Friday
 8.30am - 5.30 pm
 Saturday : 8.30am - 7.30 pm
 Sunday: 8.30 am - 3.00 pm
 Confessions in Church ½
hour before all Weekend
Masses at availability of
priests



OUR PROGRAMME THIS 10 – 11 MARCH 2018

FOURTH SUNDAY OF LENT (YEAR B) 2 Chr 36, 14-16, 19-23 Ps 136, 1-2, 3, 4-5, 6 Eph 2, 4, 10 Jn 3, 14-21

“O Let My Tongue Cleave To My Mouth If I Remember You Not.”. (Psalm 13)

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|------|----|---|---|---|
| Sat | 10 | 5.00 pm 6.00 pm | Rosary : 5.30 pm : Novena; 5.45 pm: Benediction Eucharist (E) (Animation Youth) | |
| Sun | 11 | 7.00 am 9.00 am 11.00 am 1.00 pm | Eucharist (T) (Animation : RE- Form 1 & 2) Eucharist (E) (Animation : St. David) Eucharist (C) 4.30 pm : Titi (M) Eucharist (BM) | RE(T): 8.45-10.15 am; RE(C) :9- 10.30 am : RE(E) & (BM) 10.45 -12.15pm RCIA (T) 9.00 -10.30 am ; RCIA (BM) 11.00 am -12.30pm RCIA (E) 11.00 -12.30pm ; RCIA(M) : 9.00 -10.30 am |
| Mon | 12 | 6.45 am | Eucharist | <i>Charismatic (E) 7.30 pm at Visitation Hall. We welcome All to join in praising God in Song.</i> |
| Tues | 13 | 6.45 am | Eucharist | <i>Charismatic (M) 7.30 pm at Visitation Hall. We welcome All to join in praising God in Song</i> |
| Wed | 14 | 6.45 am | Eucharist | |
| Thur | 15 | 6.45 am | Eucharist | <i>Charismatic (T) 7.30 pm at Visitation Hall. We welcome All to join in praising God in Song</i> |
| Fri | 16 | | No Morning Mass | 7.00 pm : Way of the Cross followed by Eucharist (E/T/M/BM) |

FIFTH SUNDAY OF LENT (YEAR B) Jer 31, 31-34 Ps 50, 3-4, 12-13, 14-15 Hebr 5, 7-9 Jn 12: 20.33

“A Pure Heart Create For Me, O God. A Pure Heart Create For Me, O God.”. (Psalm 50)

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|-----|----|---|---|---|
| Sat | 17 | 5.00 pm 6.00 pm | Rosary : 5.30 pm : Novena; 5.45 pm: Benediction Eucharist (E) (Animation : St. Martha) | |
| Sun | 18 | 7.00 am 9.00 am 11.00 am 1.00 pm | Eucharist (T) (Animation : Annai Velankanni) Eucharist (E) (Animation : St. Martin) Eucharist (C) Eucharist (BM) | RE(T): 8.45-10.15 am; RE(C) :9- 10.30 am : RE(E) & (BM) 10.45 -12.15pm RCIA (T) 9.00 -10.30 am ; RCIA (BM) 11.00 am -12.30pm RCIA (E) 11.00 -12.30pm ; RCIA(M) : 9.00 -10.30 am |

We welcome new Parishioners/Students from University / Colleges in the vicinity of Seremban. Kindly register at the parish office or email us at: serembanvisitation@gmail.com. *You will receive a Prayer Card (Magnificat). Pray it daily.*

Thank you to : BECs – Youth and St. David (Zone 9) for Mass Animation this weekend.

- i) **Parish Weekend Collections :**
 03/04 Mar 2018 : RM10,360.00
 Ministry of Social Concern : RM7,184.00
God Bless All Generous Donors
- ii) **Church Cleaning for Easter:** (Fri) 23/3 at 8-10 am. Bring what is necessary for cleaning.
- iii) **Breakfast Sale** on 11/03/2018 by RE-Eng (Form 5) . Kindly give your support.
- iv) **The Mass** - a book by Fr. Ignatius Huan. Pre-order your copy at www.ignatiushuan.com
- v) **BM RE (Religious Education)** – needs volunteers to teach catechism. Please contact Maria Kevrin : 013-8329440

> BE RECONCILED THIS LENT 2018

- 12 Mar (Mon) : 7.30 pm : Holy Family, Kajang
7.30 pm : St. Christopher, Gemas
- 13 Mar (Tue) : 7.30 pm : Sacred Heart, Peel Rd, KL
- 14 Mar (Wed) : 7.00 pm : St. Francis Xavier, P.J.
- 15 Mar (Thur) : 8.00 pm : O.L. Lourdes, Klang
8.00 pm : Mary Mother of God, Bahau
- 16 Mar (Fri) : 12.30 pm : St. John's Cathedral, KL
8.00 pm : Holy Rosary, KL
- 19 Mar (Mon) : 7.30 pm : Good Shepherd, Setapak
- 22 Mar (Thur) : 8.00 pm : Assumption, P.J.

- > **RCIA (Eng & BM)** will have their Retreat at P.D on 10 - 11 March 2018. Keep them in prayers.
- > **18/3 - ACIES Seremban** (Legio Marie) @ 2.30 PM (Church)
- > **Choice English Weekend** (13-15 April 2018)
Call Grace (012-3509817 or Brandon (017- 6197834)
- > **RE-English Sacrament Camp (Form 3)** on 23 -25 March, Keep them in prayers.

Pray for the Departed souls of :

- a) Sylvester Seagar (d.o.d : 05/03/2018)
 - b) Salarmary Arokiasamy (d.o.d : 08/03/2018)
- May the Perpetual Light shine upon them.**

> **What can I DO this LENT** -(lent.aohd.org)(www.facebook.com/Lenten campaign)

• 2018 Lenten Theme: CARE FOR OUR COMMON HOME- STEWARDS OF ECOLOGICAL CHANGE

- ~ **Where Are We Heading?**
We see very bad things happening to our gift, our precious Home. Do you want to live in a Home like this ?
- ~ **What outdoor activities do you like to do ?** a) b)..... c)
- ~ **What can you do to fix the Earth, Our Common Home ?** a)b) c).....
- **Blood Donation & Medical Camp** by PIHDM/ HTJS/Catholic Doctors, K.L. Specially for all the Poor, Needys,, Migrants, Refugees, the elderly & aged.
- ~ 18/03/2018 (Sun) : 8.00 am - 3.00 pm at Visitation Hall
- ~ for the "Medical Camp", we need doctors & nurses to volunteer/help with the Catholic Doctors team from KL at this Camp. Call Patricia (012-2026528) or parish office.
- **Soup Kitchen** : During Lent "Would you not want to spend one hour with ME".
~ Visit the Soup Kitchen on **Tuesdays at 9.30 am - 11.30 am** to spend time with the poor, homeless & hungry,
~ We thank all Donors & helpers for the Newly furnished Kitchen for feeding the poor & all parish fellowships.
- **Ministry of the Poor** - "My Son, remember the good things you receive in your lifetime while Lazarus likewise received what was bad." Lk 16: 25 Can you volunteer yourself to help the priests in this Ministry. Call the parish office.
- **REACH OUT to the NEEDY : Dry Food Items** needed for all Poor Families (e.g. Rice bags, sugar, flour, oil etc). Please send to the parish office. Thank you.
- Participate in the **Way of the Cross (some suggestions)**
16/03/2018 - As a Family at Home - **FORGIVENESS**
23/03/2018 - Individual/personal (A day of Fast & prayer for the Intentions of Pope Francis)
30/03/2018 - **Good Friday** - Pray and walk with the Parish Youth and pray & Candle-lighting specially for **prisoners**.
- **Lenten Campaign Envelopes** are available. Please make your Lenten Offerings.
- **Use of Visitation Canteen** : Please keep the Canteen clean at all times. Always ensure that the tables and chairs are at their original place. Please do not move them. Same goes for the chairs for Masses under both Canopies.
- **Special Classes for Confirmation 2018.** (Eng & BM). For those who have not received the sacrament of Confirmation, please register at parish office. Classes will commence on 15 April 2018.
- ▶ **Chrism Mass 2018** on (Wed) 21/03 at Church of Ignatius, P.J. @ 7.00 pm
- ▶ **Launching of "Tahun Belia"** on 24 & 25 March (Palm Sunday)
- ▶ **SSVP AGM** ; 25 Mar (Sun) at 3.00 pm . Venue : Visitation Hall (upstairs)