

Newtbec

NEW WAY OF BEING CHURCH

7th Sunday Ordinary Time

B A P T I S E D A N D S E N T

MONTHLY THEME:

CALLS US TO HOLINESS

From Anger to Prayer



The mandate to love our enemies is a commandment of Jesus, not a recommendation – and unless we consider living out this commandment seriously, it will be a tough claim to be true disciples of Jesus.

We always find that those who walked closest to Christ were those who had to bear the greatest trials.

- St. Teresa of Avila



Scripture of the Day:

1 Sam 26, 2. 7-9.
12-13. 22-23;
Ps 102, 1-2. 3-4. 8,
10, 12-13;
1 Cor 15, 45-49;
Lk 6, 27-38.

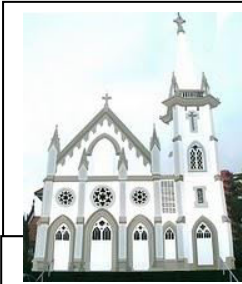
How often we have regarded each other with disdain, react with anger over some silly comments or worse, develop vengeful motives – hopefully some creative spiteful motives in the course of time get muted down to mere retorts. Eventually all this leads to regret. Some of us are lucky enough to have that ability to forgive and eventually forget, but some cling on to these wounds that ultimately pin us to our own cross of suffering. Are we allowed to have these emotional outbursts or shall we deny them, and keep them hidden to maintain our posture and sanity with the outside world? Jesus too, being fully human, had his share of emotions, as depicted in the explosive market scene in Matthew 21:12-13; Mark 11:15-18; John 2:13-22.

St Paul artfully explained it as a process of our conversion from our natural state to a heavenly state. Basically, we have to learn to develop and turn our emotional outrage of hatred into one that allows God to reform our emotions and feelings to free us from the burden of anger and hurt. In that process of turning our left cheek and not claiming back our tunic, we allow God to foster a truer love and develop our hearts for a more prayerful response, rather than to allow us to wallow in a sin or shame.

By turning hatred to prayers, especially for the close ones among us who may occasionally make life strenuous and difficult, allows God to breathe us a space within, to let go of the toxicity – so that it no longer has a hold on us, and develops instead the person that we can be for each other. Unless we allow God into our hearts to turn away the bitterness of life, the judgements we develop for each other will continue, and the graces the Father has for us we will continue to elude us. For until we become compassionate as our Father is, only then can we claim to be the Christ – in us he has planned us to be, **for we can do anything through Christ** who strengthens us (Phil 4:13). †

Weekly WORD

For we can do anything through Christ.



CHURCH OF THE VISITATION
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 Parish Pastor : Rev. Fr George Harrison
 Assistant Parish Priest : Fr. Xavier Andrew

THEME FOR 2019
DISCIPLESHIP : BAPTISED AND SENT.
Theme for March 2019
Evangelise / Call : Strengthens Us To Bear The Cross

PARISH OFFICE HOURS
 Monday - Friday
 8.30am - 5.30 pm
 Saturday : 8.30am – 7.30 pm
 Sunday: 8.30 am - 3.00 pm
 Confessions in Church ½
hour before all Weekend
Masses at availability of
priests



OUR PROGRAMME 23 FEBRUARY - 03 MARCH 2019

SIXTH SUNDAY OF ORDINARY TIME (YEAR C) : Jer 17, 5-8, Ps 1, 1-2, 3, 4 abd 6, 1 Cor 15, 12, 16-20

"Happy The Man Who Has Placed His Trust In The Lord, Happy The Man Who Has Placed His Trust In The Lord" (Psalm 1)

Sat	23	5.00 pm 6.00 pm	Rosary / Novena / Benediction Eucharist (E) (Animation : St. Leo)	
Sun	24	7.00 am 9.00 am 11.00 am 1.00 pm	Eucharist (T) (Animation : FLM) Eucharist (E) (Animation: St. Denis) Eucharist (C) 4.30 pm : Titi (M) Eucharist (BM) 7.00 pm : Kg. Sebir (BM)	RE(T): 8.45-10.15 am; RE(C) :9- 10.30 am : RE(E) & (BM) 10.45 -12.15pm RCIA (T) 9.00 -10.30 am ; RCIA (BM) 11.00 am -12.30pm RCIA (E) 11.00 -12.30pm ; RCIA(M) : 8.45 -10.15 am
Mon	25	6.45 am	Eucharist	Charismatic (E) 7.30 pm at Visitation Hall. We welcome All to join in praising God in Song
Tues	26	6.45 am	Eucharist	Charismatic (M) 7.30 pm at Visitation Hall. We welcome All to join in praising God in Song
Wed	27	6.45 am	Eucharist	8.00 pm : BECCOT Gathering
Thur	28	6.45 am	Eucharist	Charismatic (T) 7.30 pm at Visitation Hall. We welcome All to join in praising God in Song
Fri	01		No Morning Mass	7.30 pm : Holy Hour followed by Eucharist (1st Friday)

SEVENTH SUNDAY OF ORDINARY TIME (YEAR C) : 1 Sam 26, 2, 7-9 12-13, 22-23 PS 102, 1-2, 3-4, 8 & 10, 12-13 1 Cor 15, 45-49 Lk 6, 27-38
The Lord IS Compassion And Love, The Lord Is Compassion And Love (Psalm : 102)

Sat	02	5.00 pm 6.00 pm	Rosary / Novena / Benediction Eucharist (E) (Animation : St. Aloysius)	
Sun	03	7.00 am 9.00 am 11.00 am 1.00 pm	Eucharist (T) (Animation : St. Henry) Eucharist (E) (Animation: St. Benedict) Eucharist (C) Eucharist (BM)	RE(T): 8.45-10.15 am; RE(C) :9- 10.30 am : RE(E) & (BM) 10.45 -12.15pm RCIA (T) 9.00 -10.30 am ; RCIA (BM) 11.00 am -12.30pm RCIA (E) 11.00 -12.30pm ; RCIA(M) : 8.45 -10.15 am

We welcome new Parishioners/Students from University / Colleges in the vicinity of Seremban. Kindly register at the parish office or email us at: serembanvisitation@gmail.com. You will receive a Prayer Card (Magnificat). Pray it daily.

NEWS / EVENTS FOR FEBRUARY 2019

- i) **Parish Weekend Collections** :
16/17 February 2019 : RM9,810.70
God Bless All Generous Donors
- ii) **Gentle Reminder to All Parishioners**
 - a) Kindly take care of your personal belongings e.g handbag during Holy Communion. Please be extra careful and do not leave it at the pews. Thank you.
 - b) Smoking in the Church vicinity/canteen is prohibited. Thank you for your cooperation.
- iii) **Breakfast Sales** by Parish Ministry of Ecumenical & Inter-religious Affairs (PMEIA) on 24/02/2019 Please kindly give your support.

Wedding Bells - Congratulations to :
 Chu Chee Keona & Catherine Lam on 02/3/19 @ 11 am

iv) **Keep our Cafeteria clean !**
 Kindly 'Q' up while buying food.
 Also help clear the cups/plates by putting back to the container provided.

v) **The Tun Tan Cheng Lock College of Nursing, ASSUNTA HOSPITAL** is offering **FULL SCHOLARSHIPS** for students to pursue the 3 years full time Diploma in Nursing course. If interested please log on www.assuntacollege.edu.my or call 03-78723078. The intake is commencing on 15 April and 1 July 2019

vi) **Donation drive by UKM students** for the needs of 2 infants requiring heart surgery at IJN, will be here in our parish. Kindly give your support

Pray for the Departed soul of :
 Mollie Tan Seok Im (d.o.d : 18/02/19)
Mav the Perpetual Liakt shine upon her

Thank you for Mass Animation:
 BECs St. Leo & Denis (Labu) for this weekend.

- **Year of Mission -**
 - Don't forget your **STAR** ...
 - Have personal time for prayer.
 - Say yes to go for at least **ONE** formation this year.
 - Learn / study on one Saint or person for witness of faith.
 - Works of charity/mercy...
 - Make a holy pilgrimage to St. Theresa Church, Nilai. (More updates coming soon)
- **CNY 2019 fellowship Luncheon** on 03/03/19 at Regent Hall, Seremban Get a table or a ticket today. Call Pamela : 016-6306196
- **AV items in Church / Choir Loft** → Please take extra care while using them at Mass. Please do not meddle with them. For any need of repair, please notify the parish office
- **Interfaith Charity Golf Tournament** organised by MCCBCHST, N.S> on 6th April 2019 @ 7.00 am at Seremban International Golf Club (SIGC). Per head : RM250/- inclusive of Breakfast/Lunch/Goody Bag. Lots of Prizes. We need all golfers to fully support this event. Call Thayalan (017-8809454/ Chris K. (019-6216194).
- **St. Theresa's Church , Nilai** has been selected to be the Mission Station throughout this year. St. Theresa is the Patroness of Mission. We can visit, pray, celebrate Mass & make a pilgrimage as part of our Mission program.
- For **Sick Calls in Hospital or Homebound** - kindly call & inform parish office and the priests will be visiting them soonest possible.
- **EOMS /Special Ministers** to ensure weekly communion is given to all the Sick/homebound in your Zone/BEC.
- **Proper Attire at Mass** : all parishioners, leaders, all serving at Mass to ensure proper attire, neat & fitting for Eucharistic Celebrations. **Refrain** from using Short Pants / Revealing (sleeveless) attires, Singlets and Japanese slippers. Please give **reverence** during Mass. Come in your **SUNDAY BEST!**

- **TEH TARIK EVENING WITH FR. XAVIER** (Pre-Rally Gathering) - Date : 24 Feb (Sun) @ 6-10 pm at Visitation Mission House. Age : 18-39 yrs. Contact : Sabrina (013-2887624)
- **Fr. George** will be away on leave from 26th February to 01st March 2019
- **ASH WEDNESDAY Mass Schedule** : 06th March 2019 :

6.45 am - English	6.00 pm - Multi-language
8.00 pm - Tamil	4.30 pm - Titi (M)

Lent 2019 theme ... This Lent we will focus more on "**LAUDATO SI**"
 Care for creation, Mother Earth !