

Newtbec

NEW WAY OF BEING CHURCH

1st Sunday of Lent

B A P T I S E D A N D S E N T

Do you wish your prayer to fly toward God? Make for it two wings: fasting and almsgiving. - St. Augustine

Are we wanderers in our life's journey? Moses and the Israelites were. They wandered for 40 years in the desert as we read in today's 1st reading (Deuteronomy 26:4-10). Moses' reminiscence of those years was to prepare his people for their new life in the Promised Land. While bringing forth the first fruits of offering to the Lord, Moses reminded the people to be thankful of God's steadfast love and mercy which had saved them from oppression and slavery.

As we begin Lent, we too are to be reminded of the mercies of God in our lives. This six weeks' preparation for Easter serves as an opportune time for us to deepen our faith, a time to retreat, reflect and renew much like those 40 years of preparation time for the Israelites. Let this be an annual retreat, if you like.

To help us further, the gospel text on the Temptations in the Desert shows that Jesus has our back. He walks ahead of us, knowing that as we strive to get closer to Him, the evil one will try all means to stop us. Jesus falls back on Scriptures to rid the evil one who after 3 failed attempts left him. Let us not for a moment think that we can resist temptations by our efforts. May we remember the words of Jesus to his disciples at the garden of Gethsemane on the night he was to be betrayed: 'Watch and pray that you may not enter into temptation; the spirit is willing, but the flesh is weak' (Matthew 26:41).

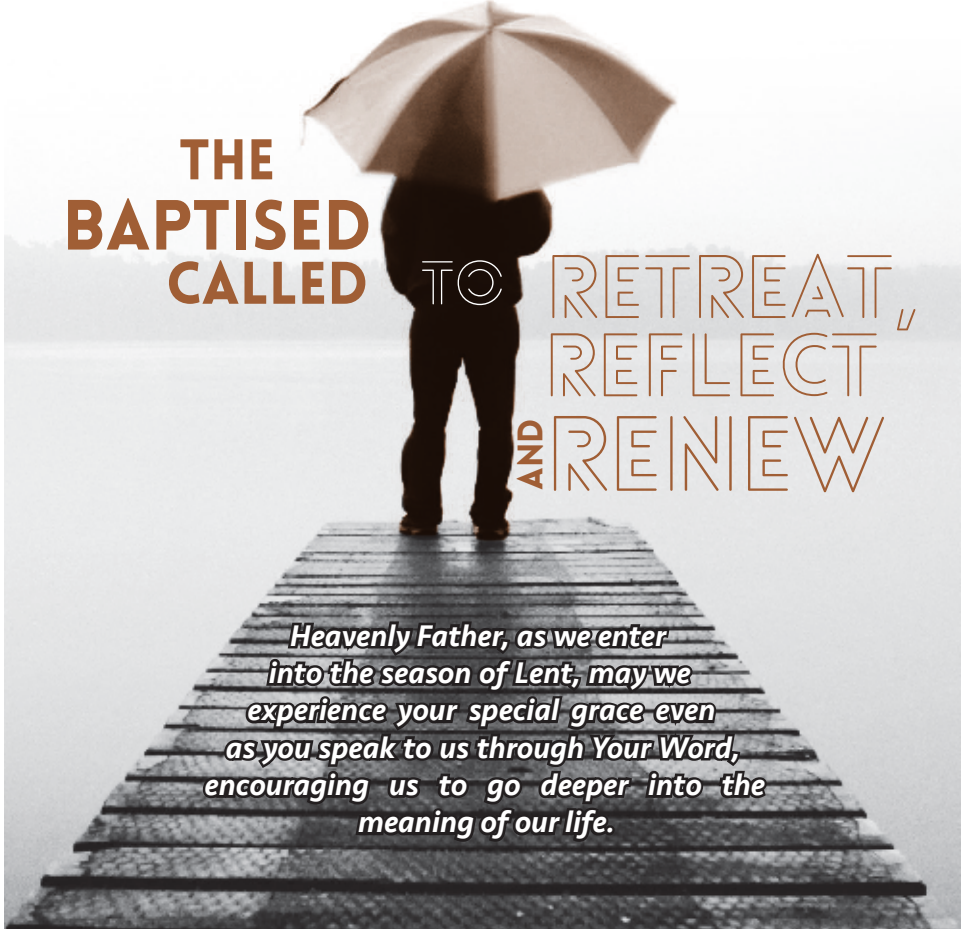
The 2nd Reading from Romans 10:8-13 tells us that 'the Word is near you, in your mouth and in your heart,' so let us not 'live on bread alone but on every word that comes forth from the mouth of God.'

By our reliance on the Word of God, **may we be 'transformed by the renewing of our mind.'** (Romans 12:2). †

Scripture of the Day:
Deut 26: 4-10;
Ps 90: 1-2, 10-11, 12-13, 14-15;
Rom 10: 8-13;
Lk 4: 1-13.

Weekly WORD
May we be 'transformed by the renewing of our mind.'

MONTHLY THEME:
STRENGTHENS US TO BEAR THE CROSS



THE BAPTISED CALLED TO RETREAT, REFLECT, AND RENEW

Heavenly Father, as we enter into the season of Lent, may we experience your special grace even as you speak to us through Your Word, encouraging us to go deeper into the meaning of our life.



CHURCH OF THE VISITATION
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 Parish Pastor : Rev. Fr George Harrison
 Assistant Parish Priest : Fr. Xavier Andrew

THEME FOR 2019
DISCIPLESHIP : BAPTISED AND SENT.
Theme for March 2019
Evangelise / Call : Strengthens Us To Bear The Cross

PARISH OFFICE HOURS
 Monday - Friday
 8.30am - 5.30 pm
 Saturday : 8.30am – 7.30 pm
 Sunday: 8.30 am - 3.00 pm
 Confessions in Church ½
*hour before all Weekend
 Masses at availability of
 priests*



OUR PROGRAMME 09 - 17 MARCH 2019

FIRST SUNDAY OF LENT (YEAR C) : Deut 26, 4-10, Ps 90, 1-2, 10-11, 12-13, 14-15 Rom 10 : 8-13 Lk 4, 1-13
Be With Me O Lord, In My Distress. Be With Me, O Lord, In My Distress (Psalm : 90)

Sat	09	5.00 pm 6.00 pm	Rosary / Novena / Benediction Eucharist (E) (Animation : St. Cecilia)	
Sun	10	7.00 am 9.00 am 11.00 am 1.00 pm	Eucharist (T) (Animation : St. Joseph) Eucharist (E) (Animation: St. Youth) Eucharist (C) 4.30pm : Titi (M) Eucharist (BM)	RE(T): 8.45-10.15 am; RE(C) :9- 10.30 am : RE(E) & (BM) 10.45 -12.15pm RCIA (T) 9.00 -10.30 am ; RCIA (BM) 11.00 am -12.30pm RCIA (E) 11.00 -12.30pm ; RCIA(M) : 8.45 -10.15 am 3.00 pm : Rite of Elect RCIA at Holy Family Kajang.
Mon	11	6.45 am	Eucharist	Charismatic (E) 7.30 pm at Visitation Hall. We welcome All to join in praising God in Song
Tues	12	6.45 am	Eucharist	Charismatic (M) 7.30 pm at Visitation Hall. We welcome All to join in praising God in Song
Wed	13	6.45 am	Eucharist	
Thur	14	6.45 am	Eucharist	Charismatic (T) 7.30 pm at Visitation Hall. We welcome All to join in praising God in Song
Fri	15	No Morning Mass	7.00 pm : Way of the Cross followed by Eucharist (E/T/BM/M)	
SECOND SUNDAY OF LENT (YEAR C) : Gen 15, 5-12, 17-18 Ps 26, 1, 7-89a, 8b-9abc, 13-14 Phil 3, 17-4, 1 Lk 9, 28b-36 <i>The Lord Is My Light And My Help, The Lord Is My Light And My Help (Psalm : 26)</i>				
Sat	16	5.00 pm 6.00 pm	Rosary / Novena / Benediction Eucharist (E) (Animation : St. Joan)	7.00 pm : Infant Baptism
Sun	17	7.00 am 9.00 am 11.00 am 1.00 pm	Eucharist (T) (Animation : Gadong) Eucharist (E) (Animation: RE - Form 1) Eucharist (C) Eucharist (BM)	RE(T): 8.45-10.15 am; RE(C) :9- 10.30 am : RE(E) & (BM) 10.45 -12.15pm RCIA (T) 9.00 -10.30 am ; RCIA (BM) 11.00 am -12.30pm RCIA (E) 11.00 -12.30pm ; RCIA(M) : 8.45 -10.15 am

We welcome new Parishioners/Students from University / Colleges in the vicinity of Seremban. Kindly register at the parish office or email us at: serembanvisitation@gmail.com. You will receive a Prayer Card (Magnificat). Pray it daily.

NEWS / EVENTS FOR MARCH 2019

- i) **Parish Weekend Collections :**
 - a) 02/03 March 2019 : RM11,871.15
 - b) Min. of Social Concern : RM7,873.30

God Bless All Generous Donors
- ii) **Keep our Cafeteria clean !**
 Kindly 'Q' up while buying food.
 Also help clear the cups/plates by putting back to the container provided.
- iii) **AWAKEN NS District Youth Rally (28-30 June at NUBE, Port Dickson).** Registration after all Masses. Contact : Sabrina -013 2887624.
 - **Breakfast sale** by the Youths of Visitation in aid to raise funds for 'AWAKEN' Youth Rally will be on 10th March 2019.. Kindly give them your support

LENT PENITENTIAL SERVICE 2019

- 11 Mar (Mon) : 7.30 pm : St. Francis Xavier , P.J.
- 12 Mar (Tue) : 7.30 pm : St. Thomas More, P.J.
8.00 pm : Kristus Cahaya , KL
- 13 Mar (Wed) : 7.30 pm : SFA, Cheras
- 14 Mar (Thur) : 8.00 pm : Holy Rosary, B'fields, KL
8.00 pm : St. Aloysius, Mantin
- 18 Mar (Mon) : 8.00 pm : OL Guadalupe, Puchong
- 21 Mar (Thur) : 7.00 pm : Divine Mercy, Shah Alam
7.30 om : St. Christopher, Gemas, NS

Year of Mission - "T-Shirts" sale -
 Make your order. Price : RM15.00 each.
 2 Colours - Maroon or White.
 Sizes - XS / S / M / L / XL / 2XL / 3XL
 Contact person : Doreen (017-3326007)

ACIES 2019 - 17/3/19 (Sun) : St. John K.L @ 1 pm. Let's pray for all Legionaries of Archdiocese of K.L

Thank you for Mass Animation: BECs St. Cecilia (Labu) & RE -Form 3 for this weekend.

- **Lent 2019 theme ...** This Lent we will focus more on "LAUDATO SI" Care for creation, Mother Earth ! .
 "Caring for our Common Home" : Encounter Christ and serve as Stewards.
- **Lenten Retreat 2019 - "Baptised & Sent"**
 ~ March 12th (Tues): 6pm - 10 pm at Visitation Hall by Fr. John Yeow (Melaka. (Mandarin)
 ~ March 23rd (Sat) : 2 pm - 9 pm by Fr. Paul Robinson (Batticaloa, Sri Lanka) (English)
 ~ March 24th (Sun) 10 am - 4 pm by Fr. Paul Robinson (Batticaloa, Sri Lanka) (Tamil)
 ~ March 23rd / 24th (students & KUBM) by Fr. Laurence (Johor Bahru (BM)
Registration after all Masses ... No Fee .. All are welcome !
- **Year of Mission -**
 - Don't forget your **STAR** ...
 - Have personal time for prayer.
 - Say yes to go for at least ONE formation this year.
 - Learn / study on one Saint or person for witness of faith.
 - Works of charity/mercy...
 - Make a holy pilgrimage to St. Theresa Church, Nilai.
(More updates coming soon)
- **Interfaith Charity Golf Tournament** organised by MCCBCHST, N.S> on 6th April 2019 @ 7.00 am at Seremban International Golf Club (SIGC). Per head : RM250/- inclusive of Breakfast/Lunch/Goody Bag. Lots of Prizes. We need all golfers to fully support this event. Call Thayalan (017-8809454/ Chris K. (019-6216194).
- **So... What is next ? . After your SPM/STPM results.**
 Come and listen to the talk and plan your career. Open to all SPM/STPM students who got their results as well as those who will be sitting for SPM/STPM in 2019.
Date : 17 March (Sun) @ (i) 8.30 am to 9.30am and (ii) 10.30 to 12n noon at Visitation Hall. Contact persons : Christopher (010-23125825) / Nathan (012-6840750)
- **A 'Weekend Thrift Shop'** will be run by the Visitation Soup Kitchen (VSK) on 23/24 and 30/31 March 2019 to raise fund for the poor & needy. Giveaways/donations in the form of preloved/new clothes, books, household & decorative items are most welcome (good condition and saleable. Drop off point for donated items : Church Cafeteria (front) on :
 Tuesdays : March 5, 12, 19 (8 am to 12 noon).
 Saturdays : March 9 & 16 (10 am to 12 noon).
 Sundays : March 10 & 17 (8 am to 11 am).

- **Fr. George will be away in Rome (Vatican)** for a Conference from March 5th-11th. 2019
- **Clergy Monthly Recollection** : 19 & 20 March at APC, Kuala Lumpur.
- **Penitential Service at Visitation :**
- **01/04/19 (Monday) @ 6pm - Mass & Confession (Visitation, Seremban)**