## O Holy Spirit, descend plentifully into my heart.

- St. Augustine



## **Scripture of the Day:**

Acts 2, 1-11
Ps 103, 1. 24. 29-31. 34
1 Cor 12, 3-7. 12-13.
Jn 20. 19-23.

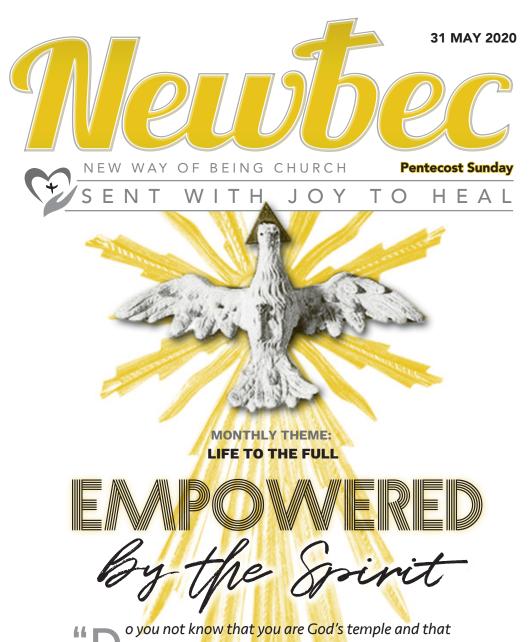
It is the Holy Spirit who teaches us to pray (Romans 8:26), who cries out "Abba Father!" (Gal 4:6) and who proclaims that "Jesus is Lord" (I Cor 12:3). **The Holy Spirit calls us to repentance**, to turn our lives around, to take up our cross and follow Jesus. The Holy Spirit is our Helper, assisting us in our journey to live good and faithful lives.

It is through this same Spirit that we are formed into men and women of virtue. This of course, does not happen overnight, nor does it happen without hard work or discipline. How much we grow as men and women of God, depends on how attentive we are to the promptings of the Holy Spirit. Let us too be reminded that we are not alone in this endeavour, for it is the Holy Spirit who bestows upon us the gifts of wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord (Isaiah 11:2). It is also through this same Spirit that we are able to bear fruits of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control (Gal 5:22-23a) to all around us, for the glory of God.

"As the Father sent me, so am I sending you" (Jn 20:21). As Christians, we are commissioned by Christ and empowered by the Holy Spirit to face the challenges of this world; Challenges that seek to tear us apart from our relationship with Christ, and our attentiveness to the Spirit. Let us cling to our divine helper, our advocate, who fights for us and with us on this journey. It is the Holy Spirit who gives us strength to achieve great and wonderful things. It is the Holy Spirit who gives us the grace to be gentle, generous with our time, and resilient in our efforts to face difficult people and make tough decisions. The Holy Spirit is a spirit of joy, that overflows and exclaims to be shared with the world.

Weekly WORD The Holy Spirit calls us to repentance

Lord, pour your Spirit upon us like the dewfall, that we may live our lives to full. **\*** 



o you not know that you are God's temple and that God's Spirit dwells in you?" (I Cor 3:16). This was a question posed by St Paul two thousand years ago, but nonetheless, it still remains a relevant question. So, in this day and age, do we know this? We are spiritual beings because the Holy Spirit dwells within us.



## **CHURCH OF THE VISITATION**

85-A, Jalan Yam Tuan, 70000 Seremban Tel: 06-7624468 / 7634934 / 7677542 Fax: 06-7677544

Email: serembanvisitation@gmail.com Website: www.visitationseremban.org Parish Pastor: Rev. Fr Xavier Andrew Associate Pastor: Fr. Kenneth Gopal

## THEME FOR 2020 DISCIPLESHIP: SENT WITH JOY TO HEAL. Theme for May 2020

Evangelise/Call: Life to the Full.

PARISH OFFICE :

Temporarily open: Mon to Sat – 8.30am to 1.30 pm during MCO - Covid 19 until further notice



30th / 31st May 2020 : Pentecost Sunday (Feast of the Visitation)

PENTECOST SUNDAY: Ac2,-11, 1ab and 24ac, 29bc-30, 31 and 34 1 Cor 12, 3b -7, 12-13 Jn 20, 19-23
"Send Forth Your Spirit, O Lord, And Renew The Face of the Earth" (Psalm: 103)

Pentecost Sunday (Feast of the Visitation): 31st May 2020 (Sunday):

Live streaming of concelebrated Mass on 31st May @ 6 pm from the Church of the Visitation.

You can watch at: http://live.visitationseremban.org

Donations received as from 18th March to 24th May 2020 (during the MCO)

Bonations received as front to march to be may bobb (during the moo)			
	Parish Donations	Adoration Room	PIHDM Food Bank
Cumulative Amount :	RM18,990.00	RM12,638.00	RM1,680.00

Thank you for all kind contributions. God Bless.

**DONATIONS / OFFERINGS**: For those who wish to contribute to any of the followings:

- (1) Financial Contribution to the Parish
- (2) Mass offerings

(3) Adoration Room Makeover

(4) PIDM Food Bank

We would encourage you to use your banking online facility. The Parish Bank Account details are as follows:

- (a) Bank: Public Bank Berhad
- (b) Bank Account Name: Church of Visitation
- (c) Account No: 3121194612

Please indicate in the online transfer the following details so that the Parish Office could account for them appropriately:- (i) Amount (ii) Purpose - any of the following:

- (1) Financial Contribution to the Parish
- (2) Mass Intentions for (name ) (RIP, or Thanksgiving or Special Intention)
- (3) Adoration Room Makeover
- (4) PIHDM Food Bank

(For more info please call: John Davidson (017 6158961) or Bernadette (012 2715840) Please email the transaction slip to the Parish email:

<u>serembanvisitation@gmail.com</u> for the Parish office record purposes.

No Masses during MCO until further notice: Due to Covid - 19

From 01st June (Mon) to 06th June (Sat), the parish office will be opened from 8.30 am till 1.30 pm

Church Recycling Project is temporarily stopped until further notice. Please do not dump any recycle items at Collection point at the clergy parking area. Thank you

Pray for the Departed Soul of :
All Departed souls of Covid-19 victims
May Perpetual Light shine upon them

> HEARING THE SPIRIT :

Dear Sisters and brothers, both the feast of the Visitation and Pentecost Sunday is celebrated on 31<sup>st</sup> May 2020. After Jesus resurrection we have the famous encounter of Him with Thomas. This reminds us that we have to believe what we hear in Spirit and not what we see with our eyes. Most of biblical personalities from Abraham onwards lived by it. This is what is meant when it is said, walk by faith and not by sight. Don't led what you see with your eyes talk you out of what you heard in your Spirit. So don't be discouraged by what you see but be encouraged by what you hear from within, the promptings of the Spirit.

Wishing everyone a blessed and Happy Feast and Pentecost Sunday. Frs. Xave and Kenneth.

For the last 3 months since the close down of Church services, donations have been coming in slow and they are insufficient to cover the overall maintenance of the church /parish. We are also aware that many are also struggling financially during these hard times. As such, it is only our humble appeal to those of you could afford to spare a little extra, be it big or small, they are valued much. To all generous givers thus far; we are indeed grateful. Thank you. You are blessed manifold!

"Give honour to the Lord with your wealth, and with your first-fruit of all your increase: So your store houses will be full of grains, and your vessels overflowing with new wine". Proverbs 3:9-10

> LIVE Broadcast of Archkl Masses from 30<sup>th</sup> May to 05<sup>th</sup> June 2020

- watch the live broadcast at: www.Tv.ArchKL.org

Saturday: 30<sup>th</sup> May: 6.00 pm (Bahasa) Sunday: 31<sup>st</sup> May: 7.30 am (Tamil)

9.00 am (Mandarin) 10.30 am (English)

Weekdays: Monday to Friday: 6.00 pm

(01 -05 June)