

# Newtbec

NEW WAY OF BEING CHURCH 12th Sunday of Ordinary Time



SENT WITH JOY TO HEAL

MONTHLY THEME:

**SAY THE WORD AND I SHALL BE HEALED**



**WHY ARE WE  
AFRAID?**

In this life, we face persecution, be it in school, at work, at home, and these days, even on social media. How do we deal with these situations? Oftentimes, we find ourselves at a crossroad when deciding on a response. Especially as Christians. Do we confront, retaliate or simply ignore them? How do we make them go away? We cry to God.

Trust in God's Providence, interfering—as it always does—for our own good.

- St. Mary MacKillop



Scripture of the Day:

Jer 20, 10-13.

Ps 68, 8-10. 14. 17.

33-35.

Rom 5, 12-15.

Mt 10, 26-33.

Today's gospel tells us not to be afraid. In fact, God tells us not to be afraid 365 times in the Holy Bible. Yet when we are persecuted, we are very much afraid. In these times, let us recall God's words to us, and truly believe that He is looking after us. Jesus encourages us not to be afraid of those who bully or slander us, or who harm us physically or mentally, for these acts cannot destroy our soul.

Let us rest, assured that nothing happens to us without God's knowledge. Every hair on our head has been counted (Lk 12:7). If God cares for mere birds, how much more would He care for us, we who are His beloved? Jesus came and died on the cross for us, that we may attain salvation through Him and eternal life in His kingdom. How undeserving we are of this sacrifice. Yet, it was God's free gift to us. How could we ever doubt His words? **All He asks of us is to believe in Him**, and not be ashamed to declare that we are His disciples.

Let us recall the blessings that Jesus proclaimed on the Mount:

Blessed are the poor in spirit, for theirs is the Kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be filled.

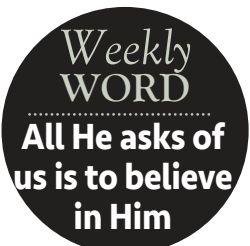
Blessed are the merciful, for they shall be shown mercy.

Blessed are the pure in heart, for they will see God.

Blessed are the peacemakers, for they will be called sons of God.

Blessed are those who are persecuted because of righteousness, for theirs is the Kingdom of Heaven." (Mt 5:3-10)

So, do not be afraid. †





**CHURCH OF THE VISITATION**  
 85-A, Jalan Yam Tuan, 70000 Seremban  
 Tel : 06-7624468 / 7634934 / 7677542 Fax : 06-7677544  
 Email : [serembanvisitation@gmail.com](mailto:serembanvisitation@gmail.com)  
 Website : [www.visitationseremban.org](http://www.visitationseremban.org)  
 Parish Pastor : Rev. Fr Xavier Andrew  
 Associate Pastor : Fr. Kenneth Gopal

**THEME FOR 2020**  
**DISCIPLESHIP : SENT WITH JOY TO HEAL.**  
**Theme for June 2020**  
**Evangelise/Call : Say the Word and I shall be healed**

**PARISH OFFICE :**  
 Mon to Fri – 8.30am to 5.30 pm  
 Sat till 1.30 pm  
 during RCMCO – Covid - 19 until further notice



**20<sup>th</sup>/21<sup>st</sup> June 2020 :**  
**12<sup>TH</sup> SUNDAY OF ORDINARY TIME :** Jer 20, 10-13, Ps 66, 8-10, 14 and 17, 33-35 Rom 5, 12-15 Mt 10, 26-33  
*“In Your Great Love, Answer Me, O God. In Your Great Love, Answer Me, O God ” (Psalm : 68)*

Visitation Mass celebration will resume on 28 June 2020 (Sunday) at 9.00 am according to the Schedule arranged pertaining to BECS. Please take note and follow the guidelines. Congregations are limited to 380 parishioners only and only open to Malaysian citizens who are holding Malaysian identity card. (Foreigners or permanent residents are excluded) Children age 12 yrs and below are not allowed to participate in the Mass.

- 1) 28<sup>th</sup> Jun (Sun) : 9.00 am (Eng) - BECs St. James (Z-2) / St. Simon (Z-4) and St. Paul (Z-5)
- 2) 5<sup>th</sup> July (Sun) : 9.00 am (Tamil) - Details to be informed later
- 3) 12<sup>th</sup> July (Sun) : 9.00 am (BM) / 9.00 am (Mand) - Details to be informed later.
- 4) 19<sup>th</sup> July (Sun) : 8.00 am (Tamil) ; 11.00 am (Eng) - Details to be informed later.
- 5) 26<sup>th</sup> July (Sun) : 8.00 am (Tamil) ; 11.00 am (Eng) - Details to be informed later.

- Compliance of SOP** (Standard Operation Procedure)
- a) Those attending Mass are to adhere to the instructions/SOP given and cooperate with the service coordinators.
  - b) Those attending Mass are to bring along their Identity Card (I.C.)
  - c) Those who don't feel well like having, flu, sore throat, cough, difficulty in breathing please do not attend the Mass even if you are in the list.
  - d) Wear a mask / registration / temperature taking / sanitizing hands before entering for Mass and exiting the Church after Mass.
  - e) A card with number is given to each parishioner for attending Mass, keep it safe and to return at the exit point after Mass.
  - f) There will be no Confession for the time being, please take note
  - g) Please take your seat at the pew according to the instructions given.
  - h) No touching/hugging/shaking hands. Communion to be received by hand only.
  - i) Using of toilets be disciplined, not to crowd in. Social distancing to be maintained
  - j) You are required to leave immediately after Mass..

Parish office resumed operation from Monday to Friday @ 8.30 am to 5.30 pm and Saturday till 1.30 pm

**RCIA New Intake for 2020/2021.**  
 Interested kindly call Leo (013-3977639) or parish office (06-7624468 / 06-7677542)

Church Recycling Project is temporarily stopped until further notice. **PLEASE DO NOT** dump any recycle items at Collection point at the clergy parking area. Thank you

**Pray for the Departed Souls of :**  
 1) Cornelius Teh Eng Kiong (d.o.d : 15/06/20)  
 2) Sabastian Nathan a/l Devid Nathan (19/06/20)  
*May Perpetual Light shine upon them*

➤ **RELY ON HIS GRACE :**  
 Dear Sisters and brothers, a genuine Christian cannot fully escape Christ's call to be different from the world. What he asks us is not to conform to the standards of this world, but rather to transform those standards. Covid 19 may have given us the avenue to reflect a little deeper to do that but when things come back to our normal routine there can be a strong temptation to fall back to our old ways. Hence it is imperative need to rely on God's grace to sustain us. Always remember **2 Cor 12:9, "He said to me, my grace is sufficient for you, for my power is made perfect in weaknesses"**  
**Blessings and Peace always ! Frs. Xave and Kenneth.**

**Donations received as from 18<sup>th</sup> March to 21<sup>st</sup> June 2020 (during the MCO)**

	Parish Donations	Adoration Room	PIHDM Food Bank
<b>Cumulative Amount :</b>	<b>RM29,656.00</b>	<b>RM13,338.00</b>	<b>RM3,955.00</b>

*Thank you for all kind contributions. God Bless.*

**DONATIONS / OFFERINGS :** For those who wish to contribute to any of the followings :

(1) Financial Contribution to the Parish (2) Mass offerings  
 (3) Adoration Room Makeover (4) PIDM Food Bank

**We would encourage you to use your banking online facility. The Parish Bank Account details are as follows :**

(a) Bank : Public Bank Berhad  
 (b) Bank Account Name : Church of Visitation  
 (c) Account No : 3121194612

Please indicate in the online transfer the following details so that the Parish Office could account for them appropriately :- (i) Amount (ii) Purpose - any of the following :

(1) Financial Contribution to the Parish  
 (2) Mass Intentions for (name ) - (RIP, or Thanksgiving or Special Intention)  
 (3) Adoration Room Makeover  
 (4) PIHDM Food Bank

(For more info please call : John Davidson (017 6158961) or Bernadette (012 2715840)

Please email the transaction slip to the Parish email : [serembanvisitation@gmail.com](mailto:serembanvisitation@gmail.com) for the Parish office record purposes.



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**RESUMING OF MASSES AFTER COVID 19 - on 28 June 2020 (Sunday) at 9.00 am** according to the Schedule arranged according to BECS. **Please take note and follow the guidelines.**

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**ONLY LIMITED TO BECS stipulated for that particular Sunday Mass. PLEASE CHECK WITH YOUR BEC / ZONE COORDINATORS.** All names of those attending Mass must be submitted to your BEC leaders by Thursday before the date scheduled for Mass. Then names must be restricted only to those from respective BECs. Names that are not in the list provided are not allowed to attend the Mass. This is to ensure that at all relevant times, SOPs provided both by the Federal and State Government are complied by the Church.

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- 2) 5<sup>th</sup> July (Sun) : 9.00 am (Tamil) - Only BECS Zone 1 to 7 & 9 (BECS St. Anthony/St. Patrick/St. Raymond/St. Zaccheus/St. Hilary 1 /St.Maria/ St. Gertrude/ St. Denis/ St. Aloysius/ St. Paul/ St. Robert/ St. Stephen/ St. Timothy. St. Cecilia/St. Raphael/ Dt. David/ St, John Vianney
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